



www.QuarterbackFarm.com



# FAST FEET / QUICK RELEASE QUARTERBACK CAMPS

Nationally Recognized Private QB Coach **Steve Gregory**



## Perfect Swing Training Facility

**Darien Location:**

8251 South Lemont Rd; Darien, IL 60561

Ages 10 to 14 1pm to 5pm

Saturday - April 3<sup>rd</sup>, 2010

### CUTTING EDGE FOOTWORK & PASSING MECHANICS

Proper Stance  
3- Step Drop  
5-Step Drop  
Passing Position

Rip & Lock Roll System  
Accuracy Building Drills  
5-Step w/Hitch Step  
Eye Developing Drills



Coach Gregory

NIKE FOOTBALL

**REGISTER FOR THE CAMP-** Please download and complete the registration form found at the QB Farm website.([www.Quarterbackfarm.com](http://www.Quarterbackfarm.com)) Mail your form in with camp fee check payable to **"QB Farm"**. The QB Farm address is:  
**QB Farm; PO Box 9483; Naperville, IL 60567**

**Camp Fee** is \$125. You may **reduce your fee** to \$100 if you register before March 10<sup>th</sup>, 2010.

**CAMPER ITEMS NEEDED** :Cleats and court shoes  
Something to drink, Football of your size



Tim Lester  
Elmhurst College

*It is great to see a teacher/coach like coach Gregory helping young men with the key ingredients to being successful at the high school and college level.*